



**Villa Real School**  
together we achieve

# Pupils Voice and Wellbeing Autumn Newsletter

Please speak to Natalie Fitzpatrick or Emma Baker if you have any wellbeing issues or would like to discuss anything. Leanne Mosey runs pupil's voice.

## Wellbeing

Pupils celebrate NSPCC Kindness Week.



## Pupils Voice

Chartwells came into school for us to have a say on trying some foods from the Winter menu. We tasted cheese and tomato panini, cheese and beans panini followed by hot chocolate fudge cake.



## Wellbeing group

In wellbeing group this term, we enjoyed the school nurses, Simone and Carolyn, visiting school. They have been teaching us about personal hygiene. We also had our regular check-in to ask how everyone was feeling.



## Kidsafe

In Kidsafe this term we have been learning about the dangers of rioting. We learnt how rioting can divide communities and how those who riot will face consequences for their actions.



## Quote of the month



**World Mental Health Day 10/10/24** the theme is wellbeing in the workplace – how are you, the parents keeping a check on your own wellbeing and mental health?

<https://www.place2be.org.uk/our-services/parents-and-carers/>